



Children + Young People's News

Covering 0-25 age range

Volume 2 Issue 1

Newsletter Date: Winter 2004

Inside this issue:

New Cabinet Member	2
Euro Youth Portal	2
Arts for Youth	2
Pass Plus	3
Spotlight On.....	4
Call to The Sector	5
Whose That?	6

Health Social Care and Well-being Strategy.

Following extensive consultation with a variety of groups, the priorities of the Health, Social Care and Well being strategy have been modified. The are now:

- 1) Healthy Life Choices
- 2) Access to services and Opportunities
- 3) Reducing Inequalities &
- 4) Information, Communication and Performance Management.

For more information contact Keith Simcox on 01437 769422 or keith.simcox@pavs.org.uk

Forum News

On September 13th the Voluntary Groups working with Children and Young People Forum met at The Picton Centre to discuss representation and reporting arrangements. The aim of the day was to streamline the process for information giving to and from forum members to the strategic partnerships on which the sector is represented. The day went well with a lively debate on the best way forward and in the end, a system was devised which at the time of writing was out

for consultation with forum members. It is hoped that sometime before Christmas this system will be in place and we will have ironed out any teething problems.

In other news, a number of forum members are applying to take part in Canlaw Online's latest venture - Credu. This innovative project will see the emergence of 82 'DigiLabs' across Wales each housing the very latest technology which will be accessible to all members of local

communities. It is likely that Pembrokeshire will house 7 of these Digilabs in various locations around the county. Not only will the labs within Pembrokeshire be connected but the entire network allowing communication and project planning to be taken up on a national basis. The labs will contain broadband internet access, whiteboards and video conferencing and editing facilities. For more information on this project please contact Dave Walker at Pembrokeshire County

Services for Young Carers

There is a new website for young carers at www.youngcarers.net. It's full of really useful information about the range of support services that are available, who to talk to and has lots of information about illness and disability. There's a good section on 'At School and College' which covers

issues like bullying and talking to teachers. If you know of young carers within your organisation you may also be interested in receiving a copy of our leaflet 'Are you a Young Carer?' which gives details of the services available in Pembrokeshire. These can be obtained from Sally Davies at PAVS,

01437 771196. The young carers forum 'Carers Care' meets every 3 weeks at Pembrokeshire College. See the story later in this issue for start times and dates. Remember if transport is a problem it can be provided. For more information contact the Gennex team on 01437 769422 or by email gennex@pavs.org.uk

Spirit Level

Spirit Level Pilot Begins

Believed to be the first research project of its type in the county, the Spirit Level pilot has begun. Aimed at both the young and older communities the Spirit Level software creates a snapshot of a persons quality of life through a CD ROM based questionnaire. The software originated at the University of Toronto and was refined through extensive piloting in England so that it is now

a simple 20 minute exercise combining questions on the importance of issues against a persons satisfaction with those same issues. The CD ROM also asks questions on control and opportunities, assessing the ability of an individual to change those aspects of his or her life that could cause concern. As well as the benefits to the individual there are organisational benefits as well. By using

the software at appropriate times, projects can actually measure the effect that a given activity or program has on an individuals quality of life. This is sometimes called soft outcomes or distance travelled. The pilot will run for approximately six months after which time the anonymous results will be available. For more information, contact Lee Hind 01437 769422.

Positive Images Campaign

The magazine Young People Now has started a campaign to improve the portrayal of young people in the media. Entitled Positive Images it aims to tackle the problem from a number of different angles. Firstly, it will encourage the media to look for positive angles when reporting stories about children and young

people. Secondly, it aims to encourage youth groups and projects to be proactive in contacting the media with positive stories. It is also aiming to produce a press code and will encourage County Councils to celebrate young people's achievements as part of a long term strategy. The necessity of such a campaign is highlighted

by an article in this weeks Community Care magazine that states: 40% of people believe that half of all crimes are committed by young people! On a local level we can help this campaign by informing the local press of our young people's achievements. For further info visit www.ypnmagazine.com



Millennium Volunteers - Get the recognition u deserve!

Many young people volunteer to access training and get valuable work experience for their CV but do they know about the Millennium Volunteer Programme? People aged 16-25 can register with the scheme to get recognition for the community work they undertake. Certificates of

Recognition are awarded for 100 hours of volunteering completed and Certificates of Excellence are awarded for 200 hours of volunteering achieved. Whilst on the scheme, out of pocket expenses are paid which include travel, subsistence and childcare. This has the

added bonus of protecting host organisations budgets. If you have young people volunteering for your organisation and would like to find out more about the scheme or would like info on small grants to young people led projects contact Caroline Graham on 01437 769422 or WCVA



News in Brief for Children & Young People

Youth Involvement Project

RD4U is a website designed for young people by young people. It is part of Cruse Bereavement Care's Youth Involvement Project and is here to support people after the death of someone close. www.rd4u.org.uk

The Government has rejected calls to increase the powers of the Children's Commissioner for Wales

to cover non devolved issues such as youth justice.

A cross party group of MP's has supported the Positive Images campaign being co-ordinated by Young People Now magazine. The campaign aims to increase the number of positive stories about young people in the media. (See main story on opposite page.)

The Welsh Youth Parliament has become the first charity with trustees under 18 to be registered with the Charity Commission.

Children Now have launched a Play Charter following research and consultation with appropriate agencies. For more info see Children Now or contact Lee Hind for a copy of the charter.



Shorts!

Emotional Literacy Course Now Available

As a follow up to the article in the last edition of Children and Young People's News, it is a pleasure to report that Reuben Wells has now finished writing the OCN Level 2 accredited course in Emotional Literacy that he was compiling for Youth Cymru. Although it is currently awaiting assessment from

external verifiers, Reuben anticipates that it will be available for delivery as soon as the next couple of weeks.

Anyone who is vaguely familiar with the work of Theatr Fforwm Cymru or the writings of Daniel Goleman will understand the importance of

Emotional Literacy or Emotional Intelligence as it is sometimes known. It gives protagonists a 'toolkit' in dealing with their own and others emotions and encourages behavioural strategies that promote a 'win win' scenario to any given situation.

For more information or to book Reuben to deliver this course, organisations

Reuben is skilled at Facilitation, Forum Theatre, Open Space Technology and much much more. He can be contacted on 01239 623615

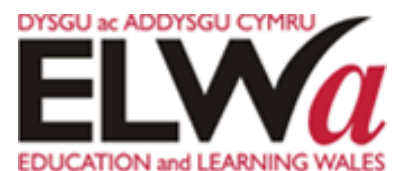


Learning in the Voluntary Sector

The new Autumn/Winter *Learning for the Future* training programme has just been published, offering a range of courses specifically designed to meet the needs of the voluntary sector. Courses include Roles and Responsibilities of Trustees, Committee

Skills, Effective Meetings, Money Management, Membership Matters, Media Skills, Successful Presentations, Getting People Involved and Facilitation Skills. Thanks to funding from the Objective 1 European Social Fund, and ELWa, courses are

significantly discounted and the costs for transport and dependant care can be reimbursed. Not sure what your training needs are? PAVS can facilitate a FREE *Build on Your Skills* workshop for your group to help identify your training needs. Call Louise for further details 01437 769422 or email



Gennex continues to develop

Since the transfer to PAVS, the Gennex 25-7 project has been busy re-establishing and developing new for a for young people aged 7-25 years. Gennex 25-7 aims to support young people in becoming more involved in both community activity and local, regional and national decision making. The new forum schedule is as follows. The forums name appears first, followed by its location, then the date and time of the

meeting. **Fishguard @ Fishguard School** on the 10/11/04 3:30pm—5:30pm // **Young Voices for Choices** (for disabled people) @ Pembrokeshire College on the 15/11/04 4:30pm—6:30pm // **Narberth @ SPAN** on the 16/11/04 5pm—7pm // **Tenby @ Youth Club** 17/11/04 5pm—7pm // **Milford @ Youth Club** 18/11/04 4:30pm—6:30pm // **Funky Forum @ St Johns Hall, P'Dock** on 19/11/04 5pm—7pm // **St Davids @ City Hall** on

24/11/04 5pm—7pm // **Haverfordwest @ Trafalgar Rd Family Centre** on 25/11/04 5pm—7pm // **Neyland @ Princes Trust** on 25/11/04 5pm—7pm // **Young Carers @ Pembrokeshire College** on 26/11/04 5pm—7pm // **XForum** (forum for looked after young people) @ Pembrokeshire College 29/11/04 5pm—7pm. **Milford, Fishguard and Funky Forum** meet weekly, all other forums meet tri weekly. For more information contact the Gennex 25-7 team on Haverfordwest 01437 769422 or by email



Advertisement on behalf of Youthlink Wales

Eiwsen Cofrestrdedig Rhif: 1020257 Registered Charity No: 1020257

Paid a'i finio Ailgylcha fel!

- ❑ 30 miliwn o getris inc gwag yn cael eu dympio
- ❑ 600 mlynedd i ddadelfennu cetrts mewn claddfa
- ❑ 2 beint o olew i wneud dim ond un cetrtsen

Gallwch chi helpu atal y difrod a chodi arian ar gyfer eiwsen os ry' chi'n ailgylchu eich cetrts inc gwag. Laphwch y getrisen mewn "cling film" a'i gosod yn y post a'i danfon at:...



Don't bin it, Recycle it!!!

- ❑ 30 million Ink cartridges are dumped each year
- ❑ 600 years for a cartridge to decompose in landfill
- ❑ 2 pints of oil needed to make just one cartridge

You can help prevent this damage & raise much-needed funds for charity if you recycle your empty ink cartridges. Wrap it in cling film and pop it in the post to...

Cyswllt Ieuenctid Cymru / Youthlink Wales
Adran Ailgylchu 00PP/ Recycling Dept YLW
91a Ffordd Caerdydd / 91a Cardiff Road
RHADBOST CF3231 / FREEPOST CF3231
CAERFFILI, CF83 1ZZ / CAERPHILLY, CF83 1ZZ



Am ffrwythoedd mawr ffrwyth / For large collection boxes ring
(029) 20885711



Spotlight on.....The Jubilee Sailing Trust

The challenge of a lifetime is coming to Pembrokeshire.... Can you rise to it?

Every so often an opportunity arises that has the ability to alter thinking and change lives completely. The Jubilee Sailing Trust (JST) is a national charity that has the potential to do just this....change lives through a challenging and truly unique experience of self discovery.

With two specially designed tall ships, The Lord Nelson and Tenacious, the JST allows people of all physical abilities to come together through the challenge and adventure of sailing one of these magnificent ships. Regardless of physical ability, both ships provide the unique opportunity of becoming a member of a diverse yet equal crew, working together on a challenging yet rewarding journey, in which confidences are restored and built, dreams achieved and life long friendships created.

Although JST voyages take place the world over, a very special trip will be leaving Pembrokeshire next May, on a six day journey to Southampton. It is the aim of the Pembrokeshire branch of the JST to ensure that the ships crew includes as many local people as possible. Whilst the branch cannot commit to absorbing the full cost of a place on the voyage, we will provide consistent support and advice in aiding those who set about fundraising for the trip.

As a means of supporting the personal development of the disabled and able-bodied, being part of the JST voyage is being part of the team. With a main objective of the JST being the integration of the disabled and able-bodied, there is no other experience that can teach so effectively, the passion, determination and skill of all people, regardless of physical ability.

If you are interested in learning more about the Pembrokeshire voyage, how you may be able to become a part of the crew or how you can help sponsor a berth on the vessel, you are welcome to contact Jenny Brown, Chair of the JST Pembrokeshire branch on 01646 600055. Alternatively, you can learn more about the work of the JST and what life is really like aboard one of the ships by visiting www.jst.org.uk

Would you like your project highlighted in these pages? Contact Lee Hind at PAVS to discuss the arrangements. 01437 769422 or lee.hind@pavs.org.uk



Pembrokeshire Association of Voluntary

Pembrokeshire's Centre for Voluntary Action

36-38 High Street
Haverfordwest
Pembrokeshire
SA61 2DA

Phone: 01437 769422
Fax: 01437 769431
Email: lee.hind@pavs.org.uk

Registered Charity Number: 1063289
Company Limited by Guarantee: 3343059

STOP PRESS

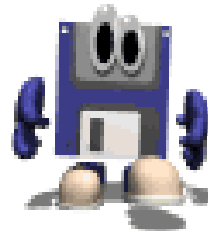
Communities First are looking to expand over the next two years and in order to best achieve this will be looking towards community members to get involved. If you would like further information on the Communities First programme or would like to be involved, contact Andrew Jones on 01437 775535

Your Sector



What can membership do for you?

As a voluntary organisation in Pembrokeshire, you are probably forever looking for funding, exciting new ways of working and how to advertise your services to your client group. Did you know that PAVS members enjoy assistance with all of these? Would you too like to get help? All you have to do is join! Call into the office to pick up an application form or call us and we will send all the information



In order to save both postage and trees we would like to send this newsletter electronically in the future. If you can receive electronic mail please let me know and we will start from the next issue

This Newsletter needs YOU!

The Youth Planning Facilitator for PAVS is well placed to inform the sector about new initiatives; to feed back the issues encountered by voluntary groups to those who make decisions and to collate the views of the voluntary sector with regard to new policies, guidelines or documents. Opportunities can also be offered to arrange consultation on strategic documents. Through the post the

sector is represented at meetings and on partnership boards to ensure that its voice is heard. The post will then try to secure direct representation by voluntary organisations arranged through the Forums work. The post also needs to develop ways of promoting the quality and diversity of work in individual projects around the county. Do you have something to say that everyone should hear? Perhaps you disagree with a policy or those with the

decision making power have given you guidelines totally unsuitable for the worker on the ground. Do you have an example of good practice that you could share to make life easier for others? Have you purchased a resource that promised one thing but wasn't suitable in the end—others should be aware! Do you need help to co-apply for funding to make your vision a reality? Whatever

Kirsty Weedon RCA Development Worker - Who's That?

In order to better assist rural communities, we have a Rural Community Action Development Worker. Employed and managed through a partnership between PLANED, The Princes Trust and PAVS, Kirsty is working with communities across the county. Time to get to know her then.....

So Kirsty, What's your background?

“Before working for Princes Trust, I worked at Dale Fort Field Centre teaching geography and ecology fieldwork. Prior to that I completed a degree in geography and was a project leader on an environmental exchange.”

Ok, so what does the job you're doing now entail?

“I work with young people and their communities in rural areas of Pembrokeshire to enable them to get their voices heard. I also support young people to make positive changes to their lives and communities.”

Ok, that sounds interesting, but Pembrokeshire is a rural county, does that mean you work with any young person?

“No, the RCA project is about helping young people in rural communities but young people in Haverfordwest, Milford, Pembroke Dock and Neyland can also get help from the Princes Trust by contacting the U1st officer, Clare Beynon or by contacting Lynne Chattoe our Community Development Officer. My post is only 25 hours per week and I have to give priority to helping young people get a say in community action plans.

So how do you prioritise where to work?

“As my job is managed by a partnership, on a day to day basis I naturally tend to work where those organisations have already made some connection.”

So what projects are you involved in at the moment?

“Well there are many! In Angle and St Florence we are running youth citizenship workshops while in Marloes we have acquired funding to improve the aesthetics and access to the clock tower area. In St Davids we are organising participation workshops as well as a Scrapheap Challenge. Finally in Llandissilio we are running recreational youth activities linking them to youth participation.”

So what are the plans for the future of the project?

“Well the project is funded until April '06 and we'll be looking to secure further money to include project funding. I would also hope that the project is expanded with more hours and staff members. This will increase the impact of the work and ensure that the maximum number of young people become beneficiaries of the project. On a personal level, I would like to see the creation of a mobile youth provision, run entirely on renewable sources with facilities such as computers (with internet access), music and arts provision and a climbing wall incorporated in it. This I feel would dramatically increase the opportunities afforded to the young people who live in these rural areas.

Kirsty can be contacted at the princes Trust 01646 603130 or by email:

kirsty.weedon@princes-trust.org.uk. Other contacts include clare.beynon@princes-trust.org.uk and lynne.chattoe@princes-trust.org.uk

Got ideas on who should be next in the Who's That feature? Contact Lee Hind with your suggestions: 01437 769422 or lee.hind@pavs.org.uk