

**Do you need any of the following?** (please tick)

Transport: shared transport or Cars for Carers can be arranged for carers on request. Please indicate if you need transport  or if you can offer transport to other carers   
On submission of a receipt or invoice of the transport incurred,  we can reimburse.

Replacement Care: If you need replacement care to be able to attend the Carers Forum please contact Crossroads Mid and West Wales on 01437 764639 who have offered a limited provision

**Please return to:** Nicole van Schie  
Pembrokeshire Association of Voluntary Services  
**FREEPOST** SWC4881  
36—38 High Street  
Haverfordwest SA61 2ZZ

Or email: [nicole.vanschie@pavs.org.uk](mailto:nicole.vanschie@pavs.org.uk)

Tel: 01437 771196

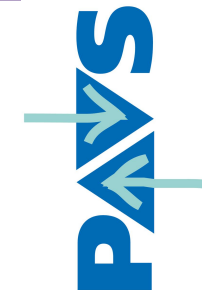
Directions to St Patrick's Community Hall in Pennar:  
From Cleddau Bridge straight on at first round-about, right at next round-about, 2nd exit at 3rd round-about (Western Way), follow road to left (Commercial Row), at T junction turn left (Victoria Road), 1st right onto Bellevue Terrace, straight onto Treowen Road.

“The Carers Forum is interactive, gives carers a chance to share experiences, and to hear about other's experiences. “

“The chance to address professionals in a small group, to ask them questions and get answers. Fewer professionals to be invited to spend more time in discussion.”

“Good to have the Forum more often, and in different locations in Pembrokeshire. “

# Carer's Forum



## 'Hywel Dda Health Board 5 year plan'

Wednesday, 20th October 2010

From 10.00 am till 1.00 pm

**At St Patrick's Community Hall in  
Pennar, Pembroke Dock**

Carers Forum is funded by Pembrokeshire County Council and the Local Health Board, and supported by Crossroads.

## “Hywel Dda Health Board 5 year plan”

....To enable the Health Board to deliver world class quality care it needs to do things differently and to dispense with the old models and old logic. There will be a requirement for all Partners to be bold and courageous. Being bold means the greater involvement of the third sector, the public, **patients and carers** and staff in co-designing the future of our health community.

For many years the public and patients have told us that they want high quality services and care delivered closer to or at home. The goals of this plan are consistent with the service redesign principles detailed in this document.....

A copy of the plan can be send on request, please ring 01437 771196 or follow the link <http://pembs-networking.org.uk/healthandsc.html> and click on 'Right Care, Right Place, Right Time, Every Time'

## Programme for the day

10.00 **Welcome with coffee**

10.15 Presentation — Jina Hawkes, Primary Care Projects Manager, Hywel Dda Health Board

10.30 Conversation

12.00

**LUNCH**

**Please don't forget to complete the booking slip and return to PAVS**

## Return slip

Carers Forum 20th October 2010

Name.....

Address:.....

.....

.....

Telephone: .....

E-mail:.....

No of places: ..... Dietary requirements: Yes/No

(if so, give details .....) )

